



Selection Policies

Tri East Skills School Squad

Athletes must be at least 8 years old, be able to swim their race distance, be able to ride a bike competently and run at least 600m non-stop.

Tri East Development Squad

Athletes must meet all of the following requirements.

- Minimum age for squad in Tristar 2 second year (born 2008)
- Must be competitively racing in the East Region Junior Race Series or national races.
- Must live within the East Region
- Must be a current British Triathlon Member

Preferably athletes will meet at least one of the following requirements. Not meeting requirements does not exclude athletes from applying.

- Top 5 finish in the East Region Junior Races Series
- Has competed in the current years IRC squad
- Within 10% of the points required for the East Region academy or have a supporting referral from the academy head coach.

Once you are a member of the Tri East Development Squad annual selection is not required. However, all athletes will be under continued evaluation and may be deselected from the squad.

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